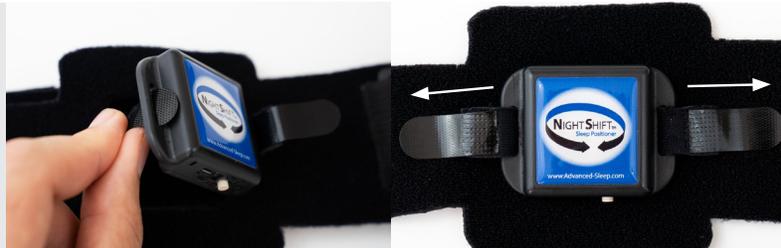




Night Shift Chest Belt Initial Setup Guide

1

Affix the Night Shift to the Chest Belt.



2

Use the Night Shift software to change device setting from Neck Strap to Chest Belt.



3

Adjust the Chest Belt length so it remains centered during the night. Note that the chest belt is designed to be worn over a shirt or other nightwear.



4

Refer to the Night Shift User Instructions for information on how to use, charge, and clean the device. Note that the chest belt should be cleaned using the same method as the neck strap.



Follow Instructions for Use



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